



Kankakee River Running Club

September, 1982

Sept. 13 Meeting

After a successful summer, it's time to get together again. The Club will therefore meet Monday, Sept. 13 at 7:30 at the Bourbonnais Municipal Center. Members of the Governor's 10-K Committee should meet at 7 p.m.

We will discuss the work -- and possibly party -- details of the Governor's race and also discuss plans for a fall function. Everyone is urged to attend. Those who don't may be given an assignment they'd rather not have.

Volunteers needed

Running Club members are needed to help volunteer and work in the road race section of the Tri-City Triathlon, which is scheduled for Sept. 19. The running part will begin at about 8:30 a.m. and cover 6.2 miles on a course similar to what is run on Thanksgiving morning at the YMCA-sponsored Turkey Trot.

Also, Ellen Currins is looking for volunteers to help her run off the grade school state cross country meet Oct. 16 at Kankakee Community College at 1 p.m. She is looking for any volunteers and reports that KVC coaches who are finished with their morning meets are especially welcome and appreciated.

Marathon news

Joe Wischnowsky has gotten the results back from the Frontier Days Marathon in Cheyenne, Wyoming in July and discovered that he did even better than he realized. Run in high altitude, Joe had his second best time ever, a 3:20.13 and, even more impressive, came in 36th in a field of 92. There were only three women finishers and Joe beat them all.

Joe is considering a run at the Chicago Marathon Sept. 26. The field at Chicago is loaded with Olympians and outstanding runners this year and also will include Steve Currins of Beecher!

In Milwaukee on Oct. 10th, Ellen Currins and Lynne VanHimbergen are going to try to break 3:20 and qualify for Boston. The Milwaukee course is the same one where Mike Rebello qualified for Boston last year. Ellen and Lynne must break 3:20 to qualify. Good luck.

Also, good luck to Gregg Duckworth, our tall member from Peru, who will also be running in Milwaukee. More on Gregg below.

Runner of the summer

For this award, I'm nominating Gregg Duckworth, who's the only Club member to compete in an ultra-marathon (in 1981). Gregg still participates in many Club functions even though he must make a long drive from Peru to do so.

What's more, Gregg is enjoying a good summer (21st out of 121 at Herscher last weekend) and has an amazing streak going. Through last weekend, he had run 1,110 straight days for 6,985 miles over a 3-year period. That's

What's more, Gregg is enjoying a good summer (21st out of 121 at Herscher last weekend) and has an amazing streak going. Through last weekend, he had run 1,110 straight days for 6,985 miles over a 3-year period. That's running through injuries and even right after the ultra.

Uick notes

Congratulations to Scott Stephens for a well-run race at Herscher ... let's all give our full support to the Governor's 10-K this year ... good luck to prep cross country coaches Mike Rebello of St. Anne, Joe Wischnowsky of Eastridge, Scott Stephens of Herscher and Ken Klipp of McNamara